

What can we do for you and your family / whānau?



Otago & Southland

We have caring and dedicated staff based in your community to help empower you to make informed decisions that are right for you and your family. Please feel confident knowing you can pick up the phone and contact us for any questions, about any cancer.

Our services are free and confidential, and include:

Local community one on one support

Time to listen and to discuss your individual / family whānau situation and support needs with one of our health care professionals. On the ground, face to face in your community. Whilst we cannot provide home help and personal care, we can connect you with local services that can assist you in making an assessment as to your needs.

Information

To provide you with evidence-based information on cancers and emotional support that is written in simple plain terms

Daffodil House

A 'home away from home', when receiving treatment in Dunedin. This facility is warm and inviting, especially of value for those receiving radiotherapy or treatment over an extended period of time. If you would prefer alternative accommodation, we can also assist.

Counselling

Facing a cancer diagnosis can be quite overwhelming for any person. We can either connect you with services for longer-term support or short-term counselling that may help provide you with strategies to cope better during times of change and uncertainty

Support programmes and groups

Providing a way to connect you with others in your community to learn ways to cope or just chat about your experiences in a supportive environment.

Advocacy and support

If you are struggling to understand medical language, getting to appointments, wanting someone to be with you at appointments, waiting for information or results – then we can help.

Navigating community service providers

We can connect you with local services that may be able to assist you in other aspects of your life during this time

Assistance with the Ministry of Health

Helping you to know what financial subsidies are available to you with regards to travel and accommodation when travelling for treatment, or if you need assistance to source a head covering or wig, or a breast prosthesis.



He moana pukepuke e ekengia e te waka
A choppy sea can be navigated by a canoe